

**OESH
Activity Calendar**

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Activities Are Subject To Change	Channel 998 Has More Daily Information For You	1 New Year's Day	2	3	4	5
		9:00 Activity Prep and Room Visits 10:00 Yoga and Meditation 1:30 New Year's Day Matinee in CR 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Christmas Clean Up 2:00 Christmas Clean up 3:15 Self Led Activities 6:30 Left Right Center on I	9:00 Activity Prep and Room Visits 10:00 Bake Bread on I 10:00 IN2L Games on L 10:00 Cards on Hamilton 2:00 Bingo in CR 3:15 Self Led Activities 7:00 Bible Study With Charlie Reistma in HL	9:00 Activity Prep and Room Visits 10:00 Sudoku on IN2L on I 10:00 Chatting over Tea on J 10:00 Activity with Katie on HL 2:00 Drama Club in CR 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Goodwill Committee in CR 2:00 Soothing Sensations CR 3:15 Self Led Activities
6	7	8	9	10	11	12
9:00 Activity Prep and Room Visits 10:00 Coffee Social in Lily 2:00 Chapel 3:15 Self Led Activities 3:30 Life Bios on J	9:00 Activity Prep and Room Visits 10:00 Exercise Body & Mind on I 10:00 Hamilton Resident Council 10:00 Activity with Sandy on L 11:00 Iris Neighborhood Meeting 2:00 Competitive Games in CR 3:15 Lily Neighborhood Meeting 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Winter Trivia on R 10:00 Tropical travel on I 10:00 Activity with Shirley on HL 2:00 Bingo 3:15 Self Led Activities 6:30 Jazz Records an Smoothies on L	9:00 Activity Prep and Room Visits 10:00 Animal Collage on R 10:00 Exercise with Marci on HL 10:00 Snowflake Craft on L 2:00 January's Birthday Party in CR 3:15 Self Led Activities 6:30 UNO Game on I	9:00 Activity Prep and Room Visits 10:00 Water Paint on R 10:00 Hot Cocoa and Dear Abby on J 10:00 Cards on Hamilton 2:00 Bingo in CR 3:15 Self Led Activities 7:00 Bible Study With Charlie	9:00 Activity Prep and Room Visits 10:00 Chit-Chat and Coffee on R 10:00 Activity with Katie on HL 2:00 Drama Club in CR 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Current Events on R 2:00 Volleyball in CR 3:15 Self Led Activities
13	14	15	16	17	18	19
9:00 Activity Prep and Room Visits 10:00 Coffee Social on CR 2:00 Chapel 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Dominoes on R 10:00 Winter Poetry & Ceative Writing on J 10:00 Exercise with Marci on HL 11:00 Rose Neighborhood Meeting 1:30 Afternoon Movie in CR	9:00 Activity Prep and Room Visits 10:00 Mind Games on R 10:00 Birding on I 10:00 Activity with Shirley on HL 2:00 Bingo 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Stay Fit on R 10:00 Sing-A-Long on J 10:00 Dear Abby on L 10:00 Exercise with Marci on HL 2:00 Chili Cook-Off in CR 3:15 Self Led Activities 6:30 Snowopoly on I	9:00 Activity Prep and Room Visits 10:00 Sign-Language Review on I 10:00 Making Peppermint Face Scrub on L 10:00 Cards on Hamilton 2:00 Spa Day in CR 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Collage on Canvas on I 10:00 Warm Cookies and Laughter on J 10:00 Activity with Katie on HL 2:00 Drama Club in CR 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Arm Chair Travel 2:00 Popcom & Movie in CR 3:15 Self Led Activities
20	21 Martin Luther King Day	22	23	24	25	26
9:00 Activity Prep and Room Visits 10:00 Coffee Social in Lily 2:00 Chapel 3:15 Self Led Activities 3:30 Life Bio on J	9:00 Activity Prep and Room Visits 10:00 Word Games on I 10:00 Exercise with Marci on HL 10:00 Activity with Sandy on L 2:00 Competitive Games in CR 3:15 Self Led Activities 6:00 Drive-In Movie on L	9:00 Activity Prep and Room Visits 10:00 Winter Tree Craft on R 10:00 Exercise Body and Mind on J 10:00 Dominoes on L 10:00 Activity with Shirley on HL 2:00 Bingo 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Self Led Activities 2:00 Baking in CR 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Sign Language with Susan McCabe 2:00 Bingo in CR 3:15 Self Led Activities 7:00 Bible Study With Charlie Reistma in HL	9:00 Activity Prep and Room Visits 10:00 Euchre on R 10:00 Bird Shadow Boxes on J 10:00 Activity with Katie on HL 2:00 Drama Club in CR 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Left Right Center 2:00 Wacky and Wild Food Combinations CR 3:15 Self Led Activities
27	28	29	30	31		
9:00 Activity Prep and Room Visits 10:00 Coffee Social on CR 2:00 Chapel 3:15 Self Led Activities	9:00 Activity Prep and Room Visits 10:00 Sing-A-Long on R 10:00 Family Fued on J 10:00 Exercise with Marci on HL 2:00 Exercise in CR 3:15 Self Led Activities 6:30 Cards on L	9:00 Activity Prep and Room Visits 10:00 Winter Poetry on R 10:00 Make Snow Cream on I 10:00 Activity with Shirley on HL 2:00 Bingo 3:15 Self Led Activities 6:30 Board Game Night on L	9:00 Activity Prep and Room Visits 10:00 Chit-Chat Coffee on R 10:00 Scrabble on J 10:00 Manicures on L 10:00 Exercise with Marci on HL 2:00 Hot Cocoa Bar in CR 3:15 Self Led Activities 6:30 Community Card Club in	9:00 Room Visits and Activity Prep 10:00 Exercise Body & Mind on I 10:00 Exercise and Crosswords on L 10:00 Cards on Hamilton 2:00 Bingo in CR 3:15 Self-Led Activities 7:00 Bible Study with Charlie	Room Abbreviations CR-Community Room CH-Chapel G-Gallagher Centre	Room Abbreviations HL-Hamilton Living Room L-Lily J-Jasmine I-Iris R-Rose MH-Moreland-Hughes